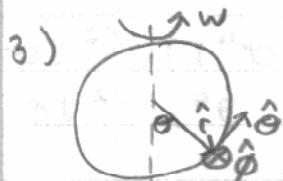


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Prelims

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\vec{r} = vector from center of hoop to bead $|\vec{r}| = a$

$$\frac{d\vec{r}}{dt} \text{ lab frame} = \frac{d\vec{r}}{dt} \text{ rotating frame} + \vec{\omega} \times \vec{r}$$

$$\vec{v} = \frac{d}{dt}(a\hat{r}) + \vec{\omega} \times (a\hat{r})$$

$$\vec{v} = a\dot{\theta}\hat{\theta} + aw\sin\theta\hat{\phi}$$

$$\frac{d\vec{v}}{dt} \text{ lab} = \frac{d\vec{v}}{dt} \text{ rot} + \vec{\omega} \times \vec{v}$$

Note: $\hat{\phi}$ is fixed in the rotating frame.

$$\vec{a} = \frac{d}{dt}(a\dot{\theta}\hat{\theta}) + \vec{\omega} \times (a\dot{\theta}\hat{\theta} + aw\sin\theta\hat{\phi})$$

$$\vec{a} = a\ddot{\theta}\hat{\theta} + a\dot{\theta}^2\hat{r} + aw\dot{\theta}\cos\theta\hat{\phi} - aw^2\sin\theta(\hat{r}\sin\theta + \hat{\theta}\cos\theta)$$

$$\vec{a} = \hat{r}(-a\dot{\theta}^2 - aw^2\sin^2\theta) + \hat{\theta}(a\ddot{\theta} - aw^2\sin\theta\cos\theta) + \hat{\phi}(aw\dot{\theta}\cos\theta)$$

In the $\hat{\theta}$ direction:

$$ma\ddot{\theta} = mg\sin\theta$$

$$a\ddot{\theta} - aw^2\sin\theta\cos\theta = -g\sin\theta$$

$$(a\ddot{\theta} - w^2\sin\theta\cos\theta + \frac{g}{a}\sin\theta) \times \dot{\theta}$$

$$\frac{d}{dt}(\frac{1}{2}\dot{\theta}^2 - \frac{1}{2}w^2\sin^2\theta - \frac{g}{a}\cos\theta) = 0$$

$$\frac{E}{ma^2} = \frac{1}{2}\dot{\theta}^2 - \frac{1}{2}w^2\sin^2\theta - \frac{g}{a}\cos\theta = \text{const}$$

$$E = \frac{1}{2}ma^2\dot{\theta}^2 - \frac{1}{2}ma^2w^2\sin^2\theta - mgac\cos\theta$$

$$U_{\text{eff}} = -\frac{1}{2}ma^2w^2\sin^2\theta - mgac\cos\theta$$

$$w^2 = \frac{g}{a} \Rightarrow U_{\text{eff}} = -mga(\frac{1}{2}\sin^2\theta + \cos\theta)$$

For small θ : $\sin\theta = \theta - \frac{\theta^3}{6}$

$$\cos\theta = 1 - \frac{\theta^2}{2} + \frac{\theta^4}{24}$$

$$U_{\text{eff}} = -mga(\frac{1}{2}\theta^2 - \frac{\theta^4}{6} + 1 - \frac{\theta^2}{2} + \frac{\theta^4}{24})$$

$$= -mga(1 - \theta^4(\frac{4 - 1}{24}))$$

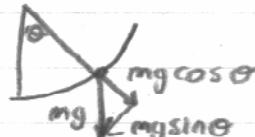
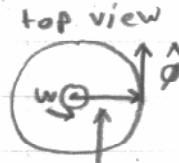
$$U_{\text{eff}} = -mga(1 - \frac{\theta^4}{8})$$

Let θ_0 be the amplitude of the small oscillations

$$\text{Then } E = -mga(1 - \frac{\theta_0^4}{8})$$

$$\frac{1}{2}ma^2\dot{\theta}^2 = E - U_{\text{eff}}$$

$$\dot{\theta} = \sqrt{\frac{2}{ma^2}(E - U_{\text{eff}})} = \frac{\omega_0}{\sqrt{2}}$$



$$\frac{dt}{d\theta} = \alpha \sqrt{\frac{m}{2}} \sqrt{E - V_{\text{eff}}}$$

$$\text{period } T = S_{-\theta_0}^{\theta_0} \alpha \sqrt{\frac{m}{2}} \sqrt{E - V_{\text{eff}}} d\theta$$

$$= \alpha \sqrt{\frac{m}{2}} S_{-\theta_0}^{\theta_0} \left(\frac{mga}{8} (\theta_0^4 - \theta^4) \right)^{-1/2} d\theta$$

$$T = \alpha \sqrt{\frac{m}{2}} \cdot \sqrt{\frac{8}{mga}} S_{-\theta_0}^{\theta_0} (\theta_0^4 - \theta^4)^{-1/2} d\theta$$

$$\text{Let } x = \frac{\theta}{\theta_0} \quad dx = \frac{1}{\theta_0} d\theta$$

$$T = 2 \sqrt{\frac{a}{g}} S_{-1}^1 (\theta_0^4 - (x\theta_0)^4)^{-1/2} \theta_0 dx$$

$$= 2 \sqrt{\frac{a}{g}} (\theta_0^4)^{-1/2} \theta_0 S_{-1}^1 \sqrt{1-x^4} dx$$

$$T = \frac{2}{\theta_0} \sqrt{\frac{a}{g}} S_{-1}^1 \sqrt{1-x^4} dx$$