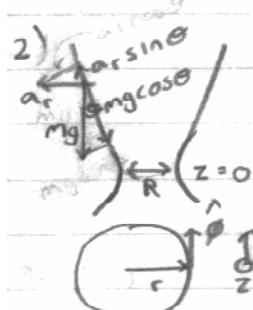


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Prelims

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2) 

$$\begin{aligned} x^2 + y^2 &= r^2 = R^2 + z^2 \\ \frac{1}{r^2} (r \dot{r}) &= \frac{1}{R^2} (r^2 + r \ddot{\phi} \hat{\phi}) \\ \ddot{z} &= \ddot{r} \hat{r} + 2 \dot{r} \dot{\phi} \hat{\phi} + r \ddot{\phi} \hat{\phi} - r \dot{\phi}^2 \hat{r} \\ \ddot{r} &= (r^2 - r \dot{\phi}^2) \hat{r} + \frac{1}{r} \frac{1}{R^2} (r^2 \ddot{\phi}) \hat{\phi} \\ \vec{r}(t) &= r_0 + E \sin(\omega t) \end{aligned}$$

No forces in $\dot{\phi}$ direction $\Rightarrow \frac{1}{r^2} (r^2 \dot{\phi}) = 0$

$$\Rightarrow \frac{1}{r^2} (\dot{\phi} (r_0^2 + 2r_0 E \sin(\omega t) + E^2 \sin^2(\omega t))) = 0$$

$$\dot{\phi} = \omega (1 - \frac{2E}{r_0} \sin(\omega t))$$

$$\ddot{r} = -\omega^2 \sin(\omega t)$$

$$\begin{aligned} r \dot{\phi}^2 &= \omega^2 (1 - \frac{2E}{r_0} \sin(\omega t))^2 (r_0 + E \sin(\omega t)) \\ &= \omega^2 (r_0 - \frac{4E}{r_0} \sin(\omega t) \cdot r_0 + E \sin(\omega t)) \end{aligned}$$

$$r \dot{\phi}^2 = \omega^2 (r_0 - 3E \sin(\omega t))$$

Force balance along the surface:

$$\begin{aligned} m a_r \sin \theta &= -mg \cos \theta & \tan \theta &= \frac{dr}{dz} & 2r \frac{dr}{dz} &= 2z \\ m a_r \tan \theta &= -mg & \tan \theta &= \sqrt{1 - (\frac{R}{r})^2} & \frac{dr}{dz} &= \frac{z}{r} = \frac{\sqrt{r^2 - R^2}}{r} \\ m(r^2 - r \dot{\phi}^2) \sqrt{1 - (\frac{R}{r})^2} &= -mg \end{aligned}$$

$$\begin{aligned} \sqrt{1 - (\frac{R}{r})^2} &= \sqrt{1 - \left(\frac{R}{r_0 + E \sin(\omega t)} \right)^2} \\ &= \sqrt{1 - \left(\frac{R}{r_0} \right)^2 \left(1 + \frac{E \sin(\omega t)}{r_0} \right)^2} \\ &= \sqrt{1 - \left(\frac{R}{r_0} \right)^2 (1 - 2 \frac{E}{r_0} \sin(\omega t))} \\ &= \sqrt{1 - \left(\frac{R}{r_0} \right)^2 + 2 \left(\frac{R}{r_0} \right)^2 \frac{E}{r_0} \sin(\omega t)} \\ &= \sqrt{1 - \left(\frac{R}{r_0} \right)^2 \left[1 + 2 \left(\frac{R}{r_0} \right)^2 \frac{E}{r_0} \sin(\omega t) / (1 - \left(\frac{R}{r_0} \right)^2) \right]^{1/2}} \\ \sqrt{1 - (\frac{R}{r})^2} &\approx \sqrt{1 - \left(\frac{R}{r_0} \right)^2 \left[1 + \left(\frac{R}{r_0} \right)^2 \frac{E}{r_0} \sin(\omega t) / (1 - \left(\frac{R}{r_0} \right)^2) \right]} \\ i. (-\omega^2 \sin(\omega t) - \omega^2 (r_0 - 3E \sin(\omega t))) \sqrt{1 - (\frac{R}{r_0})^2} \\ &= -mg \left[1 - \left(\frac{R}{r_0} \right)^2 \frac{E}{r_0} \sin(\omega t) / (1 - \left(\frac{R}{r_0} \right)^2) \right] \end{aligned}$$

Subtracting the 0th order equation ($m \omega^2 r_0 \sqrt{1 - (\frac{R}{r_0})^2} = mg$)and canceling $E \sin(\omega t)$:

$$(3\omega^2 - \omega^2) \sqrt{1 - (\frac{R}{r_0})^2} = mg \left(\frac{R}{r_0} \right)^2 \frac{1}{r_0} / (1 - (\frac{R}{r_0})^2)$$

$$3\omega^2 - \omega^2 = \frac{mg R^2}{(r_0^2 + R^2)^{3/2}}$$

(over)

$$\omega^2 = 3\Omega^2 - \frac{gR^2}{(r_0^2 - R^2)^{3/2}} \quad \Omega^2 = \frac{g}{(r_0^2 - R^2)^{1/2}}$$

$$\omega^2 = \frac{3g}{(r_0^2 - R^2)^{1/2}} - \frac{gR^2}{(r_0^2 - R^2)^{3/2}}$$

$$\omega^2 = \sqrt{r_0^2 - R^2} \left(3 - \frac{R^2}{r_0^2 - R^2} \right)$$

$$\omega^2 = \frac{g}{\sqrt{r_0^2 - R^2}} \left(\frac{3r_0^2 - 3R^2 - R^2}{r_0^2 - R^2} \right)$$

$$\omega^2 = \frac{g(3r_0^2 - 4R^2)}{(r_0^2 - R^2)^{3/2}}$$

The orbit is unstable if $3r_0^2 < 4R^2$

$$r_0^2 < \frac{4}{3}R^2 \quad (r^2 = R^2 + z^2)$$

$$R^2 + z^2 < \frac{4}{3}R^2$$

$$z^2 < \frac{1}{3}R^2$$

$$\text{i. unstable orbit} \Rightarrow |z| < \frac{R}{\sqrt{3}}$$