



$$T = \frac{1}{2} \bar{\omega} \cdot \mathbb{I} \bar{\omega}$$

$$V = -MgR \sin \theta$$

$$\mathbb{I} = \begin{pmatrix} I & & \\ & I & \\ & & I_3 \end{pmatrix}$$

Body frame:  $\bar{\omega} = \omega_1 \hat{i}_1 + \omega_2 \hat{i}_2 + \omega_3 \hat{i}_3$

Key

- 1 - writing body coords in terms of space coords
- 2 - solving for rotations in  $\alpha, \theta, \phi$  along defined axes in body coords

$$\hat{i}_1 = \cos \phi \hat{i} - \sin \phi \hat{k}$$

$$\hat{i}_2 = \cos \theta \hat{j} + \sin \theta \cos \phi \hat{k} + \sin \theta \sin \phi \hat{i}$$

$$\hat{i}_3 = -\sin \theta \hat{j} + \cos \theta \cos \phi \hat{k} + \cos \theta \sin \phi \hat{i}$$

$\alpha, \theta, \phi$  are just Euler angles  
Symmetric top normal ( $\theta = \pi/2$ ) -  $\theta$  further problem

(2)

$$\dot{\vec{r}}_{CM} = A \hat{i}_2 + B \hat{i}_3 = (A \cos \theta - B \sin \theta) \hat{j} + (A \sin \theta \cos \phi + B \cos \theta \cos \phi) \hat{k} + (A \sin \theta \sin \phi + B \cos \theta \sin \phi) \hat{i}$$

$$= A \left[ \cos \theta + \frac{\sin \theta}{\cos \theta} \right] \hat{j} + A \left[ \frac{\cos \theta + \cos \theta}{\cos \theta} \right] \hat{k} = \frac{A}{\cos \theta} \hat{j} + \frac{A}{\cos \theta} \hat{k}$$

$$T = \frac{1}{2} I (\dot{\theta}^2 + \dot{\phi}^2 \sin^2 \theta) + \frac{1}{2} I_3 (\dot{\alpha} - \dot{\phi} \sin \theta)^2$$

Rotation in  $\theta$  is in  $\hat{i}_2$ , Rotation in  $\alpha$  is in  $\hat{i}_3$

since  $\vec{r}_{CM}$  is in  $\hat{i}_2, \hat{i}_3$

$$\omega_1 = \dot{\alpha}$$

$$\omega_2 = \dot{\phi} \cos \theta$$

$$\omega_3 = -\dot{\phi} \sin \theta + \dot{\alpha}$$

$$H = E - T + V$$

$$T = \frac{1}{2} I (\dot{\theta}^2 + \dot{\phi}^2 \cos^2 \theta) + \frac{1}{2} I_3 (\dot{\alpha} - \dot{\phi} \sin \theta)^2$$

$$L = T - V = \frac{1}{2} I (\dot{\theta}^2 + \dot{\phi}^2 \cos^2 \theta) + \frac{1}{2} I_3 (\dot{\alpha} - \dot{\phi} \sin \theta)^2 + MgR \sin \theta$$

B)  $E = \frac{1}{2} I (\dot{\theta}^2 + \dot{\phi}^2 \cos^2 \theta) + \frac{1}{2} I_3 (\dot{\alpha} - \dot{\phi} \sin \theta)^2 - MgR \sin \theta$

only  $\phi, \alpha$  appear in Lagrangian  $\Rightarrow P_\phi, P_\alpha$  are conserved

$$P_\phi = \frac{\partial L}{\partial \dot{\phi}} = I \dot{\phi} \cos^2 \theta - I_3 (\dot{\alpha} - \dot{\phi} \sin \theta) \sin \theta = \text{const}$$

$$P_\alpha = \frac{\partial L}{\partial \dot{\alpha}} = I_3 (\dot{\alpha} - \dot{\phi} \sin \theta) = \text{const}$$

$$P_\phi = I \dot{\phi} \cos^2 \theta - \sin \theta P_\alpha$$

$$\dot{\phi} \cos \theta = \frac{1}{I} \left[ \frac{P_\phi - \sin \theta P_\alpha}{\cos \theta} \right]$$

D)  $\Rightarrow \mathcal{O} = \frac{1}{2} I \dot{\theta}^2 + \frac{1}{2I} \left( \frac{P_\phi + \sin \theta P_\alpha}{\cos \theta} \right)^2 + \frac{1}{2I_3} P_\alpha^2 - MgR \sin \theta - E = F(\theta, \dot{\theta})$

E)  $t=0, \theta=0, \dot{\theta}=\dot{\phi}=\dot{\alpha}=0, \dot{\alpha} = \frac{L_0}{I_3}$  for  $\theta \ll 1 \Rightarrow$  Approx soln  $\theta = \theta_0 (1 - \cos \omega t)$   $P_\alpha = L_0, P_\phi = 0, E = \frac{L_0^2}{2I_3}$

Dropping terms  $\mathcal{O}(\theta^2)$  and solve:  $\frac{1}{2} I \dot{\theta}^2 + \frac{1}{2I} (P_\phi + \sin \theta P_\alpha)^2 + \frac{1}{2I_3} P_\alpha^2 - MgR \theta = E$

$$\rightarrow \frac{1}{2} I \dot{\theta}^2 = E - A + MgR \theta$$

Try soln  $\theta = \theta_0 (1 - \cos \omega t)$   
 $\dot{\theta} = \theta_0 \omega \sin \omega t$

$$\dot{\phi} = \frac{1}{I} \left( \frac{P_\phi - \sin \theta P_\alpha}{\cos \theta} \right)$$

$$= \frac{1}{I} \left( \frac{0 - \sin \theta L_0}{\cos \theta} \right) = -\frac{\theta_0 L_0}{I} (1 - \cos \omega t)$$

$$\dot{\phi} = -\frac{\theta_0 L_0}{I} \omega \sin \omega t$$

$$\dot{\alpha} = \frac{L_0}{I_3} \cos \omega t$$

$$I \dot{\theta}^2 \sin^2 \omega t + \frac{L_0^2}{I} \theta_0^2 (1 + \cos^2 \omega t - 2 \cos \omega t) - 2MgR \theta_0 (1 - \cos \omega t) = 0$$

$$- \sin^2 \omega t \frac{L_0^2}{I} \theta_0^2 + \frac{2L_0^2}{I} \theta_0 (1 - \cos \omega t) - 2MgR (1 - \cos \omega t) = 0$$

$$\Rightarrow \frac{2L_0^2}{I} \theta_0 = 2MgR$$

$$\Rightarrow I \theta_0 \omega^2 = \frac{L_0^2}{I} \theta_0$$

$$\omega^2 = \frac{L_0^2}{I^2}$$

$$\theta_0 = \frac{IMgR}{L_0^2}$$

$$\langle \dot{\phi} \rangle = -\frac{MgR}{L_0}$$

for  $\theta \ll 1$  & time  $L_0^2 \gg IMgR$